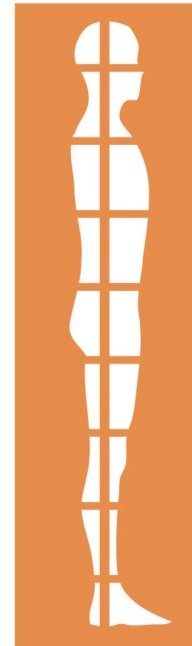




3 Structural Integration Sessions

Find your true alignment and ease your pain!



Structural Integration dramatically alters your structure and posture and can resolve discomfort, release tension and alleviate pain. It can also restore and enhance flexibility, revitalize energy and have you feeling more comfortable in your body.

By facilitating more efficient use of muscles this allows your body to conserve energy, and create more refined patterns of movement with less effort. This reduces chronic stress and enhances neurological functioning

Each session is about 75 minutes. Location: Placentia

<https://www.structuralintegrationoc.com/structural-integration>

Value: \$450.00

Generously Donated By: Robin Kish